

# A245CAR Intermediate Counselling Skills

[View Online](#)

27 items

---

## A245CAR Intermediate Counselling Skills (27 items)

A245CAR Intermediate Counselling Skills

---

### \*\*\*Digitised Chapters\*\*\* (5 items)

---

Chapter 3 of The Use of Counseling Skills In Emergency Services - 'Counselling skills in action' - Angela Hetherington, 2001

[Chapter](#) | Recommended

---

Chapter 13: Helping Skills in Action: Karen's Story, in: Next steps in counselling: a students' companion for certificate and counselling skills courses

[Chapter](#) | Recommended | Valid pedagogical reason for earlier edition

---

Chapter 3 of The skilled helper: a problem-management and opportunity-development approach to helping - 'Overview of the helping model' - Gerard Egan, 2010

[Chapter](#) | Recommended

---

Chapter 7 of An introduction to counselling - 'Theory and practice of the person-centred approach' - John McLeod, 2013

[Chapter](#) | Essential

---

Chapter 5 of First steps in counselling: a students' companion for introductory courses - 'Counselling and helping attitudes and skills' - Pete Sanders, 2011

[Chapter](#) | Essential

---

### Journal Articles (4 items)

---

The philosophical challenges within counselling psychology: Can Egan's Model help? - Matt Shorrock, 2011

[Article](#) | Recommended

---

Integration in counselling psychology: To what purpose? - L. Cutts, 2011

[Article](#) | Recommended

---

Motivational Coaching: A Functional Juxtaposition of Three Methods for Health Behaviour Change: Motivational Interviewing, Coaching, and Skilled Helping - Courtney Newnham-Kanas, Don Morrow, Jennifer D. Irwin, 2010

[Article](#) | Recommended

---

Rating counselor-client behavior in online counseling: Development and preliminary psychometric properties of the Counseling Progress and Depth Rating Instrument - Karl

Bagraith, Lydia Chardon, Robert John King, 2010-11

[Article](#) | Recommended

## Reading List - Module Guide (13 items)

---

**BACP Ethical Framework - Introduction**

[Webpage](#) | Essential

---

**Experiences in groups, and other papers** - Bion, Wilfred R., c1961, (1968 [reprint])

[Book](#) | Recommended

---

**The skilled helper: a problem-management and opportunity-development approach to helping** - Egan, Gerard, c2014

[Book](#) | Recommended | \*\*Previous editions also available\*\*

---

**Next steps in counselling practice: a students' companion for degrees, HE diplomas and vocational courses** - Sanders, Pete, Frankland, Alan, Wilkins, Paul, 2009

[Book](#) | Recommended

---

**Counselling skills and theory** - Hough, Margaret, 2010

[Book](#) | Recommended | Previous editions also available

---

**An introduction to counselling** - McLeod, John, 2009

[Book](#) | Recommended | 2013 edition available. Earlier edition also available as an e-book.

---

**Person-centred counselling in action** - Mearns, Dave, Thorne, Brian, McLeod, John, 2013

[Book](#) | Essential

---

**Rational Emotive Behaviour Therapy in a Nutshell** - Mr Neenan, Michael, Windy Dryden, 2005

[Book](#) | Recommended

---

**Client-centered therapy : its current practice, implications and theory** - Rogers, Carl R., 1951

[Book](#) | Recommended

---

**On becoming a person: a therapist's view of psychotherapy** - Rogers, Carl R., 1967, 2004

[Book](#) | Recommended

---

**First steps in counselling: a students' companion for introductory courses** - Sanders, Pete, 2011

[Book](#) | Essential | Previous editions also available

---

**Learning to counsel: develop the skills, insight and knowledge to counsel others** - Jan Sutton, William Stewart, 2008

[Book](#) | Essential

---

**Learning to counsel: develop the skills, insight and knowledge to counsel others** - Sutton, Jan, Stewart, William, 2009

[Book](#) | Essential

## Essential reading (2 items)

---

**Learning to counsel: develop the skills, insight and knowledge to counsel others** - Sutton, Jan, Stewart, William, 2009

[Book](#) | **Essential**

---

**Learning to counsel: develop the skills, insight and knowledge to counsel others** - Jan Sutton, William Stewart, 2008

[Book](#)

---

## Recommended reading (3 items)

---

**Person-centred counselling in action** - Mearns, Dave, Thorne, Brian, McLeod, John, 2013

[Book](#) | **Essential** | Previous editions also available

---

**The skilled helper: a problem-management and opportunity-development approach to helping** - Egan, Gerard, c2014

[Book](#) | **Recommended** | **\*\*Previous editions also available\*\***

---

**First steps in counselling: a students' companion for introductory courses** - Sanders, Pete, 2011

[Book](#) | **Recommended**

---